

# Walsall Stop Smoking Services

Stop Smoking Service	Commissioned Provider	Referral	Inclusion Criteria (Eligibility)	Intervention Summary	Mode of Delivery	Contact details	Duration of Intervention
<b>Black Country Healthcare</b> Mental Health Stop Smoking Service	Black Country Healthcare NHS Foundation Trust	Self or professional referral. <i>NB: referral will be made at every opportunity e.g. by screening patients' smoking status during admission.</i>	Mental health patients who are current smokers and are admitted to the Trust's hospital or community sites	Ward Smokefree Champions (nursing staff) have been trained to deliver Very Brief Advice (VBA) and support patients through a combined behaviour change and nicotine replacement therapy (NRT) programme, including vapes.	Initial bedside consultation, followed by 1-1, face to face support	Call 07350 432 384 or email: <a href="mailto:stephen.adeniyi2@nhs.net">stephen.adeniyi2@nhs.net</a>	For duration of hospital stay or up to 12 weeks (Post discharge will be provided by the local stop smoking service in Walsall, Sandwell, Dudley and Wolverhampton). <i>NB: Smokefree champions follow up at 1 and 4 weeks</i>
<b>Be Well Walsall</b> (Community Wellbeing Service)	Maximus UK Ltd	Self, third party (e.g. parent on behalf of a child) and professional referral (e.g. social prescriber, social worker, health professional)	Tobacco user (12+), living, working or registered to a GP in Walsall	Trained health and wellbeing coaches supporting people through a 8-12 weeks behavioural change programme alongside nicotine replacement therapy including the offer of vapes and Varenicline. A quit vaping support service is also offered.	1-1 and groups, face to face, (virtual or in person) and telephone support	Call 01922 444044 or register online: <a href="http://bwww.maximusuk.co.uk/stop-smoking/">bwww.maximusuk.co.uk/stop-smoking/</a>	8 – 12 weeks support with a 4 and 8 week quit assessment
<b>Stop Smoking in Pregnancy Service</b> (SSiP)	Walsall Healthcare NHS Trust (WHT)	Self or professional referral. <i>NB: referrals will be made at every opportunity e.g. initial booking (CO screening), midwife appts, 36 wk appt (CO screening) etc</i>	Tobacco user living, working or registered to a GP in Walsall and pregnant. Previously declined still offered	Trained Tobacco Dependency Advisors are available to support women through a combined behavioural change and nicotine replacement therapy programme, including the offer of vapes.	1-1, face to face, (virtual or in person)	(01922) 270477	12 weeks support with a 4 and 12 week quit assessment. If ongoing support for abstaining from tobacco use is needed during pregnancy this will be provided.
<b>Inpatient Tobacco Dependency Service</b>	Walsall Healthcare NHS Trust (WHT)	Professional (hospital ward staff) and self	Hospital admitted person who has consumed tobacco within 30 days (12+)	Trained Tobacco Dependency Advisors (TDA's) deliver very brief advice, initiate nicotine replacement therapy (NRT), complete an initial assessment and continue to provide up to 12 weeks of behavioural support and NRT for the inpatient.	Initial bedside consultation, followed by 1-1, face to face or telephone support	Call 07890 910 530 or 07890 910 560 or email <a href="mailto:wht.tdt@nhs.net">wht.tdt@nhs.net</a>	For duration of stay in hospital up to 12 weeks. Post discharge is provided by Be Well Walsall or community pharmacy. <i>NB: TDA's follow up at 1, 4 and 12 weeks.</i>
<b>Quit with Bella App</b>	Solutions4Health	Self or professional referral.	Tobacco user (18+), living, working or registered to a GP in Walsall	An AI-powered tobacco cessation robo-coach supporting people via a digital platform through a behavioural change programme, with human interaction if needed and alongside 12 weeks of nicotine replacement therapy and/or vapes.	Virtual 1:1, messaging and video call	Call 0800 772 3872 or email <a href="mailto:walsall.stopsmoking@nhs.net">walsall.stopsmoking@nhs.net</a>	8 – 12 weeks support with a 4 and 12 week quit assessment

